

BASEBALL MASTERCLASS DAILY SUCCESS CHECKLIST

	NAME:	:MONTH																														
1	Read The Daily Dominator		2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
2	Watched/Read/Reviewed 30 Day Prog	y. 🗖	E	0	0	0	E	0	0	0	0	0	0	E	0	E	E	0		0	E	0		0						E	0	
3	Called Success Hotline 973-743-4690		P		0	P	P			0	0	0	P	P	1	P	P	0	1	1	P	0	0	0	1	0	0	0		P	P	
4	Practiced My At-Bat/Pitching Routine	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	0	0	0	0	0	0	0	0	0	0	0	0	0
5	Practiced My Red/Yellow Release	1	0			1	0	1	1	<u></u>		1	1	0	0	0	0		0	0	0	<u></u>		1	0	1	1	1	1	0	0	5
6	Had a 168 Plan For The Day		E	1		0	E	0	0	0	0	0	0	E	0	E	E			0	E	0		0						E	0	1
7	Had Championship Level BFS Today	5	E			1	E	1	1		0	1	1	E	0	E	E			0	E			1	1				1	E	1	5
8	Did Not Commit BCD Today		E	1		0	E	0	0	0	0	0	0	E	0	E	E			0	E	0		0						E	0	1
9	Invested Into A Teammate Today		E	0		0		0	0	0	0	0	0	E	0	E	E			0	E	0	0	0						E	0	1
10	Did A Form of Physical Conditioning	1	E	8	0	1	E	1	1	<u></u>	1	1	1	E	0	E	E	1	0	0	E	<u></u>		1	0	1	1	1	1	E	0	